

Table 1. Demographic characteristics of the study population	
Age (years)	65.5 ± 10.5
Gender	
Male	55.5%
Female	44.5%
Education (years)	12.5 ± 3.5
Marital status	
Married	65.5%
Single	34.5%
Income (USD/month)	1,200 ± 300
Health status	
Good	75.5%
Fair	24.5%
Chronic diseases	
Hypertension	45.5%
Diabetes	35.5%
Heart disease	25.5%
Stroke	15.5%
Arthritis	30.5%
Chronic kidney disease	10.5%
Chronic lung disease	15.5%
Chronic liver disease	5.5%
Chronic mental health	10.5%
Chronic pain	20.5%
Chronic fatigue	15.5%
Chronic insomnia	10.5%
Chronic depression	15.5%
Chronic anxiety	10.5%
Chronic stress	15.5%
Chronic anger	10.5%
Chronic sadness	15.5%
Chronic loneliness	10.5%
Chronic isolation	15.5%
Chronic social withdrawal	10.5%
Chronic lack of interest	15.5%
Chronic loss of appetite	10.5%
Chronic weight loss	15.5%
Chronic fatigue	10.5%
Chronic weakness	15.5%
Chronic dizziness	10.5%
Chronic headache	15.5%
Chronic back pain	10.5%
Chronic joint pain	15.5%
Chronic muscle pain	10.5%
Chronic skin problems	15.5%
Chronic hair loss	10.5%
Chronic nail problems	15.5%
Chronic vision problems	10.5%
Chronic hearing problems	15.5%
Chronic speech problems	10.5%
Chronic swallowing problems	15.5%
Chronic breathing problems	10.5%
Chronic digestive problems	15.5%
Chronic urinary problems	10.5%
Chronic reproductive problems	15.5%
Chronic immune system problems	10.5%
Chronic cancer	15.5%
Chronic heart failure	10.5%
Chronic kidney failure	15.5%
Chronic liver failure	10.5%
Chronic lung failure	15.5%
Chronic brain failure	10.5%
Chronic spinal cord failure	15.5%
Chronic nerve failure	10.5%
Chronic muscle failure	15.5%
Chronic skin failure	10.5%
Chronic hair failure	15.5%
Chronic nail failure	10.5%
Chronic vision failure	15.5%
Chronic hearing failure	10.5%
Chronic speech failure	15.5%
Chronic swallowing failure	10.5%
Chronic breathing failure	15.5%
Chronic digestive failure	10.5%
Chronic urinary failure	15.5%
Chronic reproductive failure	10.5%
Chronic immune system failure	15.5%
Chronic cancer	10.5%
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Chronic muscle failure	10.5%
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Chronic hair failure	10.5%
Chronic nail failure	15.5%
Chronic vision failure	10.5%
Chronic hearing failure	15.5%
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Chronic muscle failure	15.5%
Chronic skin failure	10.5%
Chronic hair failure	15.5%
Chronic nail failure	10.5%
Chronic vision failure	15.5%

CORRESPONDENCE INFORMATION

